


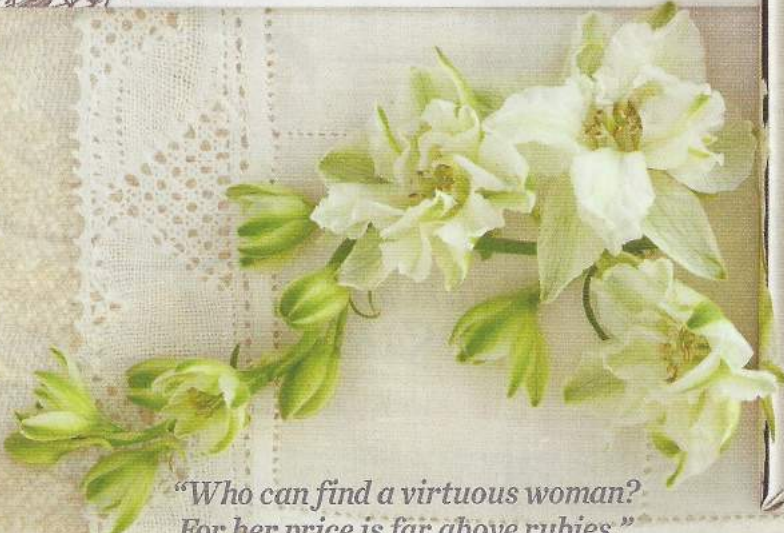
FROM MY KITCHEN WINDOW, I CAN SEE THE silhouettes of bare trees that look like sculptures against the steely-gray sky. There is an ethereal beauty in the winter landscape, along with sleeping promises of what is to come. Now is the perfect time to dream and plan, and this issue of *Southern Lady* offers plenty of inspiration for both. Start with an at-home spa party for friends—complete with some recipes that indulge your appetite and others that pamper your skin—or treat your sweetie to a Valentine’s Day dinner for two. In Inspired Design, we introduce you to the talented creative force behind Dear Lillie designs. We also reprise our Southern College Towns series with a visit to Williamsburg, Virginia, home to the College of William & Mary, and in Two Days Away, we tour Huntsville, Alabama, a city that blends history with rocket science. Of course, that’s just a start—there’s so much more! We can’t wait to see what this new year holds. Won’t you join us for the journey?

Sincerely,



Phyllis Hoffman DePiano

Phyllis Hoffman DePiano



*“Who can find a virtuous woman?
For her price is far above rubies.”*

Proverbs 31:10